

# Primary Education Center

## FEBRUARY 2020





4061 Creek Road, Youngstown, NY 14174

www.lew-port.com

Mrs. Tamara Larson , Elementary Principal

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
<div style="border: 1px solid black; padding: 10px; display: flex; justify-content: space-between; align-items: center;"> <div style="text-align: center;"> <p>Begin with the End in Mind Earn Quarters for Koalas</p> </div>  </div>						1
2	3 <i>Day 3</i>	4 <i>Day 4</i>	5 <i>Day 1</i>	6 <i>Day 2</i>	7 <i>Day 3</i>	8
9	10 <i>Day 4</i>	11 <i>Day 1</i>	12 <i>Day 2</i>	13 <i>Day 3</i>	14 <i>Day 4</i> 	15
16	17  District Closed	18 Board of Education Meeting 6:00 pm CRC- Board Room <i>Day 1</i>	19 <i>Day 2</i>	20 <i>Day 3</i>	21 <i>Day 4</i>	22
23	24 <i>Day 1</i>	25 Girls on the Run Online Registration Begins <i>Day 2</i>	26 <i>Day 3</i>	27 <i>Day 4</i>	28 <i>Day 1</i>	29



## *A Message from Mrs. Larson, Principal "Black History Month and Beyond"*

In January we teach our primary students about Dr. Martin Luther King Jr.'s Legacy and "Dream" for our nation. They are exposed to the monumental I Have a Dream Speech on our morning news program and students discuss his legacy further in the classroom. Our students read about the principles of non-violence and we promote acts of daily kindness throughout the year by celebrating student's who make a difference by practicing the 7 Habits (Sean Covey, Happy & Healthy Kids ).

February is now upon us and we will celebrate *Black History Month*. *Black History Month* is an annual celebration of achievements by African Americans and a time for recognizing the central role of blacks in our country's history. The study of black history provides a forum to discuss the injustices that happened, and are still happening every day in our nation and world beyond. We all benefit from learning about the contributions of our citizens because that is what makes our Nation's mosaic rich. At the PEC, we made a conscientious decision to focus on the rich contributions of African Americans who have shaped our history and will infinitely have an impact. It is hoped that this pride of culture and exploration of our diverse history will extend all year long. To celebrate and learn we plan to watch videos, read books and participate in rich book talks in all grade levels. Our first and second graders will enrich our entire student body by writing and reciting biographies about famous African Americans on our morning news broadcast.

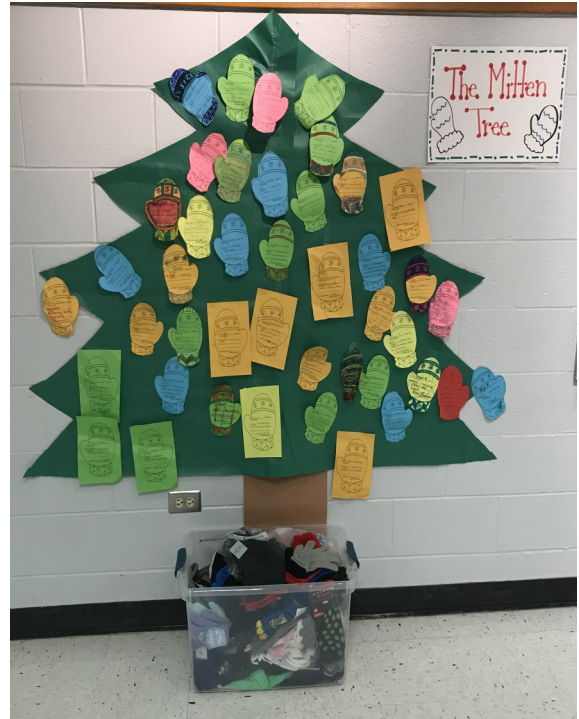
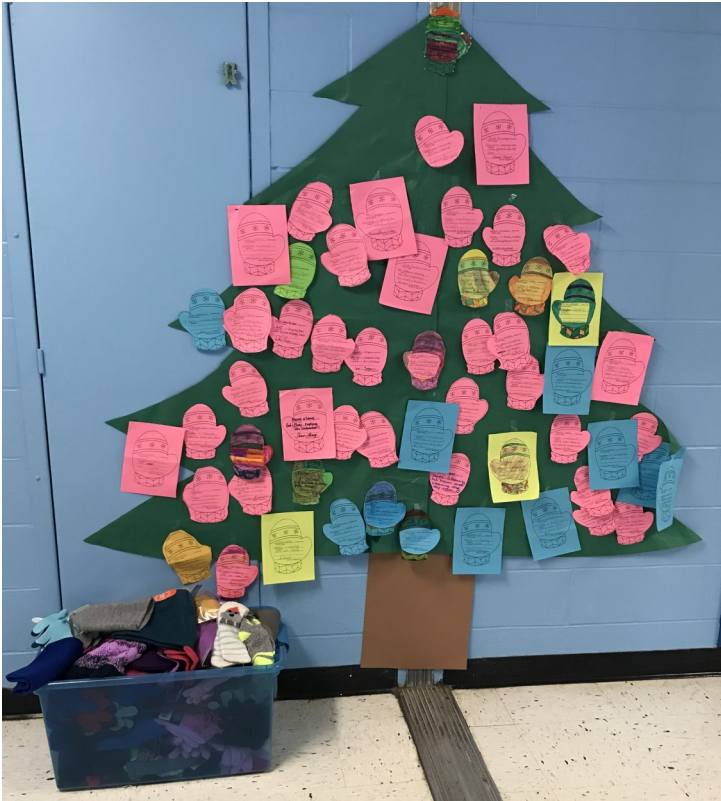
In addition, the first grade team is celebrating Black History month with a family project. Student chose a famous African-American and created a bottle person. These art pieces are now on display in the PEC front foyer.

First graders will visit the Heritage Center on March 4th and March 5th in a culminating field trip experience to extend their learning. The Heritage Center's mission is to reveal authentic stories of Underground Railroad freedom seekers and abolitionists in Niagara Falls that inspire visitors to recognize modern injustices that stem from slavery and take action toward an equitable society.





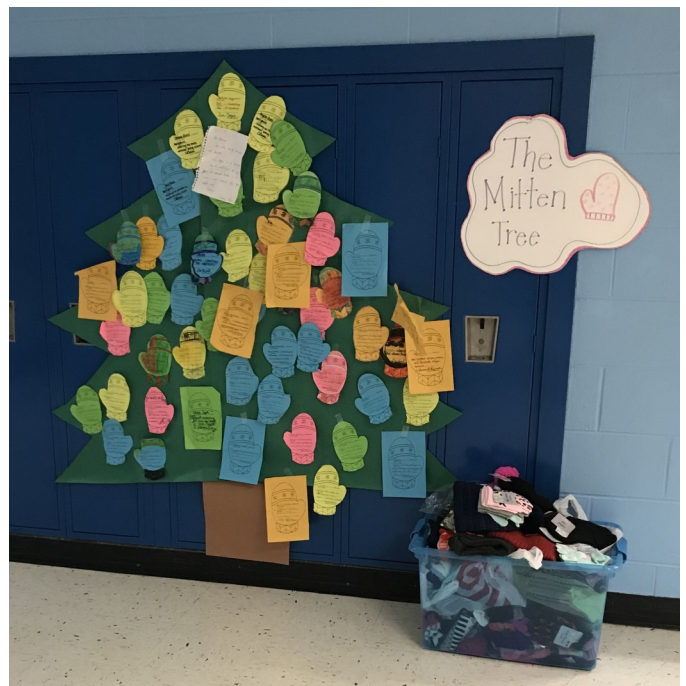
# Mitten Tree Service Learning Project



Service Learning is part of our Primary curriculum. In the month of December, the P.E.C. collected hundreds of mittens, hats, scarves, gloves, and socks for families in need for the winter months.

The children earned the items they wished to donate by helping out at home. Folding laundry, drying the dishes or setting the table were all common tasks that they children wrote on their paper mittens. The trees were a beautiful display of everyone's kindness at the holidays. Below is a picture of our fabulous mitten trees and the generous donations of our community.

Thank you for making the world a better place.



## CHOOSE ADOPTION—MEET SOPHIA

Every month Officer Bob from the SPCA introduces a new furry friend to the students and staff of the Primary Education Center.

This month he brought in a new little friend. Sophia is a 4 year old female cat. She is very friendly, great with children and has lots of energy. She had so much fun visiting the staff and kids at the Primary Education Center. Sophia is looking for a forever home.

Several of Officer Bob's furry friends have been adopted by members of the PEC school community. If you are thinking of getting a dog or cat, please remember to visit the Niagara S.P.C.A. at 2100 Lockport Road, Niagara Falls, NY 14304 and also check the PEC Newsletter!



# Holiday Card Exchange Project



Mrs. Kazulak's Enrichment students participated in a holiday card exchange that included 30 different K-5 classrooms from across the country. Students exchanged weather information as well as things that made their classrooms great. Students also participated in Flipgrid which allowed them to share videos of one another. Introductions were made as well as favorite holiday traditions and songs. A great way to make our big world just a little bit smaller.





# Tips for Parents from the School Health Office



## HEAD LICE

Lice may affect your family at some point during your children's elementary school years. Lice are most prevalent in children ages 3 to 12 (and their families) because children are often in close contact group situations, play close together and may share their personal items (such as hats and brushes).

## LICE FACTS

Head lice are small wingless insects, and are about the size of a sesame seed.

They feed on human blood.

Head lice do not live on your pets.

Head lice do not jump or fly.

They can only live up to 24 hours off of the human host.

They leave an itchy feeling like a mosquito bite.

Each head louse can lay up to 10 nits (eggs) a day.

Daily shampooing will not prevent you from getting head lice.

Nits are tiny colorless or yellowish-white, oval-shaped eggs that are glued to the side of a hair shaft at an angle. You have to pull them off the hair shaft with your finger nail, they do not flake off the hair like dandruff. They cannot transfer to another person.

Nits can be found anywhere on the head.

Head lice can be spread whenever there is direct contact of the head or hair with an infested individual.

Lice can also be spread through the sharing of personal articles like clothing, hats, towels, brushes, helmets, hair ties, etc.

There is also a possibility of spreading head lice via a pillow, headrest or similar items.

It may take as long as 2 to 3 weeks or longer after exposure for a person to notice the intense itching associated with an infestation of lice.

The most important step to break the chain of lice infestation is to use an effective lice treatment shampoo (following instructions) along with rigorous combing with a (metal is best) lice comb to remove all nits. Reinfestation can occur if there is only one viable louse or nit remaining on a shaft of hair.

Constant inspection and repeat dry combing is recommended for 6 weeks after treatment.

Consider checking your child's head for the presence of lice regularly.

If you find lice or nits in your child's hair, please let the school nurse know. On the morning of return to school after treatment, please drive your child in and have the nurse check your child's hair.

## PREVENTION

Lice are almost always spread by direct head to head contact, so teach your child to **avoid head to head contact** with other children.

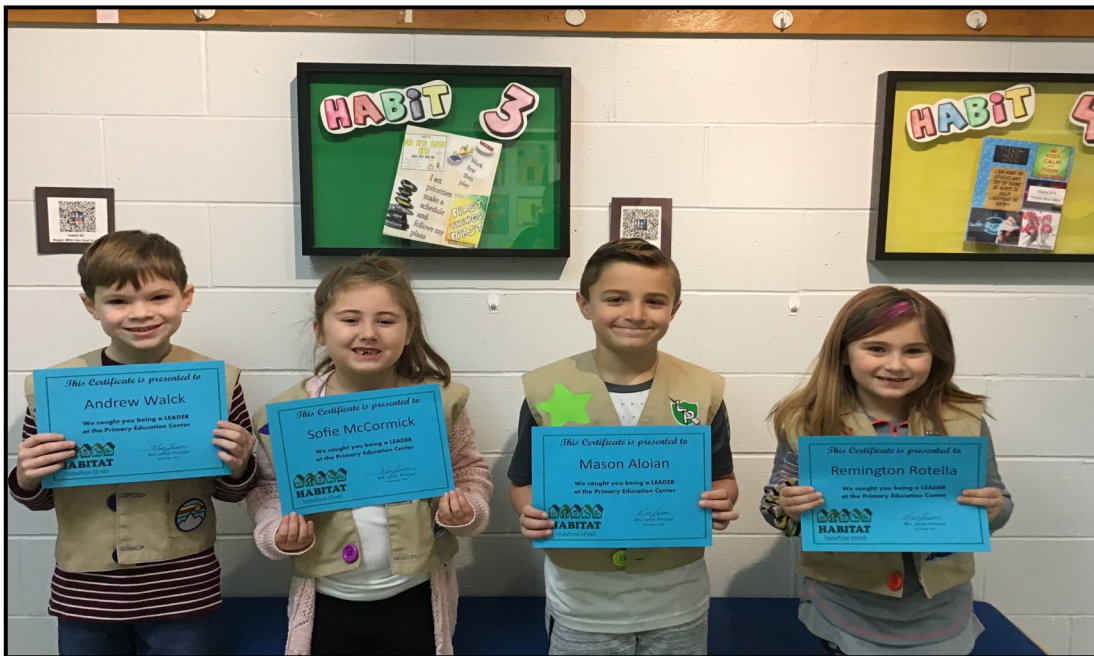
**Do not share** combs, brushes, hats or hair accessories with anyone, **including immediate family members**.

Girls with long hair can wear it pulled back or braided to lessen the chance of acquiring lice.

At sleepovers, have your child take their own sleeping bag and pillow with them and teach them not to let anyone else lay down on their belongings.

# We caught you being a LEADER

Both of these students are amazing leaders. They are always positive, polite, kind and more than willing to help anyone with anything at a minutes notice. They are both wonderful examples of **Habit # 1 Proactive--** both Andrew and Sofie are students that possess confidence, self-awareness and the ability to function as a team. They also show initiative, are able to make decisions and can solve problems on their own. I couldn't be more proud of them-- they are always compassionate, integrity-filled, calm, and thoughtful students -- friends to all. Great Job Winslow's!!



What can I say about both of these students (Mason and Remington). They are both terrific students and unbelievable helpers. They always seem to anticipate what needs to be done and they just get to it without ever being asked. For example, they see that perhaps the reading or writing area of the classroom is in disarray and they organize it back to the original state so that all can benefit and are able to work at their best in those areas. They are great examples of **Habit # 1 Proactive -- they make great choices and are responsible and resourceful as well as Habit # 3 Put First Things First -- they focus on the priorities and eliminate the unnecessary --they work for the benefit of all with integrity and purpose.** Super proud to have them on the Winslow Wonders Team!!

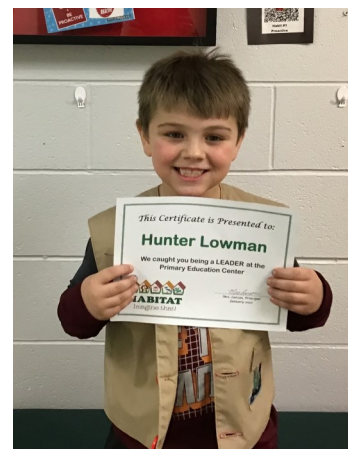


# We caught you being a LEADER

We are submitting a leader story for both of these students as they have shown week after week to be super kid helpers. Each and every time that they are picked up early for PickUp Patrol, they are always extremely helpful and very responsible in helping the other children to the cafeteria for parent pick-up with Mrs. Fitzgerald. They are able to direct the students and keep them in line as they maneuver through the busy end of the day hallways and help to keep order and make sure that everyone is safe. They have taken on this job without ever being asked. They have been exhibiting the principles of Habile #1—Be Proactive: Responsibility, Choice and Initiative. Excellent job Aubrey and Ryder. Way to Go!!! Submitted by Mrs. Winslow and Mrs. Fitzgerald



Hunter is kind and considerate. He is always polite and kind to all. Every morning at the “Breakfast Club”, he shows his kindness to all of the other students. He is always willing to help others with a smile. Habit #4: Win-Win. Submitted by Ms. Lichtenberger, Ms. Tracy, and Mrs. Castiglione.



## Girls on The Run at the PEC and IEC (girls in grades 3rd-5th)

March 24th - June 9th

Tuesdays and Thursdays 3:40-5:10

PEC Auditorium



Ann Marie Oliverio

I'm excited to announce that our sixth spring season for the Girls on the Run program will be starting in March! We had a very successful season last year and we are looking forward to coaching a new team!

Girls on the Run® is a 501(c)3 non-profit organization dedicated to creating a world where every girl knows and activates her limitless potential and is free to boldly pursue her dreams. Meeting twice a week in small teams of 8-15 girls, we teach life skills through dynamic, conversation-based lessons and running games. The 20-lesson curriculum is taught by certified Girls on the Run coaches and includes three parts: understanding ourselves, valuing relationships and teamwork and understanding how we connect with and shape the world at large.

Running is used to inspire and motivate girls, encourage lifelong health and fitness, and build confidence through accomplishment. At each season's conclusion, the girls and their running buddies complete a 5k running event. Completing a 5k gives the girls a tangible sense of achievement as well as a framework for setting and achieving life goals. The result—making the seemingly impossible, possible and teaching girls that they can accomplish their goals!

Myself as well as returning coach, Mary Kofahl are excited to once again team up to coach our PEC/IEC team. Online lottery registration begins on February 25th - March 3rd and the season begins on March 24th, 2020. Check out our link on the PEC's and IEC's

